**Bodies in Motion Performing Arts and Dance School**

**1000 W Diamond Street Suite 108**

**Philadelphia PA 19122**

**267-687-7322/WEBSITE: BIMDANCE.ORG**

**Dress Code/ Dance Attire**

**Dress code is strictly enforced at Bodies In Motion. All students will be expected to comply with our dress and hair code for all their classes**

|  |  |  |
| --- | --- | --- |
| **Class** | **Shoes** | **Attire** |
| **Ballet** | **Pink or Black Ballet Shoes/ Boys Black Ballet Shoes** | **Black leotard, suntan tights (no Ballet skirts)**  **Boys-White or black**  **T-shirt and black tights** |
| **Pre-point/ Point** | **\*\*See instructor\*\*** | **Black leotard, suntan tights** |
| **Jazz** | **Tan or Black**  **Split Sole Jazz** | **Black leotard, black jazz pants or shorts/**  **Boys-White or black T-shirt and black jazz pants and black jazz shoes** |
| **Hip-Hop** | **Black dance sneakers** | **All Black loose fitting dancewear** |
| **Acrobatics** | **No Shoes** | **Black leotard, convertible or footless suntan tights/**  **Boys-White or black T-shirt and black jazz pants** |
| **Tap** | **All black Tie-Up/ for 6+ Years**  **Matte Mary Jane 3-5 years Old No Patten Leather** | **Black leotard, black jazz pants or shorts/**  **Boys-White or black T-shirt and jazz pants, shorts or sweat pants** |
| **Salsa** | **Character shoes or 1-to-3-inch heels** | **Black flare shirt, pants, or dress/**  **Boys- White or black T-shirt and black jazz pants** |
| **Technique** | **Half Sole/ or No shoes** | **Black leotard and suntan footless tights or convertible tights/**  **Boys-White or black T-shirt and black jazz pants** |
| **Praise Dancing** | **Tan Half Sole/**  **Black or Tan Ballet Shoes or No shoes** | **Black leotard and suntan footless tights or convertible tights/**  **Boys-White or black T-shirt and black jazz pants** |

* **Girls hair must be worn off the face either secured in a braid/bun or ponytail.**
* **NO HAIR BEADS,BARETTES,HEADBANDS OR HANGING HAIRACCESSORIES ARE TO BE WORN**

**IN THE HAIR. NO hair bonnet, stockings caps, or colorful head scarves are allowed in the class. Only black hair scarves pulled back into a neat bun are allowed**

* **No jewelry is to be worn in the class.** **That includes necklaces, bracelets, and large earrings. Only small studs/posts**

**earrings are allowed!!**

* **NO UNDERWEAR IS TO BE WORN UNDER TIGHTS AND LEOTARD**. **It is important to teach dancers**

**proper dance habits as early as possible. One extremely important such habit that all dancers observe is to dress to minimize distraction from the shape of their body on stage and in class. This is why female dancers wear their leotard with no underwear. Underwear creates unsightly lines on the body and may stick out of the leg holes because it is cut differently than the leotard. Additionally, dancers easily get distracted by protruding underwear, and tend to pull on it or try to tuck it in.**

**Students who are not properly dressed will be asked to leave the class without a refund.**